

Advanced Dermatology & Skin Cancer Associates, PLLC

7658 Poplar Pike Germantown, TN 38138, 7203 Goodman Rd.
OliveBranch, MS 38654, 5349AirlineRd Arlington, TN 38002
Tele: 901-759-2322

www.advanceddermatologymemphis.com

Supplies you will need:

- Liquid Dial Soap
- ACE wrap (only for arm and leg wounds)

1. **DO NOT REMOVE THE BANDAGE AND KEEP THE WOUND DRY FOR THE FIRST 48 HOURS.**
After 48 hours you may remove the original bandage and shower or bathe.
1. Remove the old bandage and gently cleanse twice a day using liquid dial soap and water. Pat the area dry. Apply the prescription mupirocin ointment to the area twice daily after washing.
2. We recommend leaving the bandage off if possible to let your wound heal without the irritation of a bandage/band-aid. Apply a bandage if going out doors for any reasons or if there is irritation from clothing.
3. Watch for any signs of infection (redness, excessive swelling, warm to the touch, or drainage,) or allergic reactions to antibacterial ointments. Please call the office if you notice any of these problems.
4. If your wound is located on the back, chest, or arms you are restricted to lifting, pushing, or pulling anything over 10lbs. Arm and leg wounds must be kept wrapped with an ACE wrap. Legs should be wrapped from the ankle to up to the knee daily and elevated 10 minutes of every hour. You may leave the wound on arm or leg open to air without the ACE wrap at night after 48 hours. It should remain wrapped during the day.
5. If you have had surgery located on anywhere on the face or scalp, sleep elevated for 2 nights (couple of pillows or recliner). Do not sleep on that side. Expect swelling in the eyes if surgery site is close to them. You may use ice on the surgery site, keeping bandage dry.
6. If there is any bleeding of the wound you should hold pressure for 45 minutes without peeking. If bleeding continues contact the office immediately.
7. You can expect to return to the office for a follow up appointment to have your sutures removed in approximately 2-4 weeks from the time of your surgery.
8. Begin taking the oral antibiotic that were prescribed to you TODAY with food (unless you were instructed otherwise by the physician)

YOUR NEXT APPOINTMENT: _____

Advanced Dermatology & Skin Cancer Associates, PLLC

7658 Poplar Pike Germantown, TN 38138, 7203 Goodman Rd.
OliveBranch, MS 38654, 5349AirlineRd Arlington, TN 38002
Tele: 901-759-2322

www.advanceddermatologymemphis.com

Supplies you will need:

- Liquid Dial Soap
- ACE wrap (only for arm and leg wounds)

1. **DO NOT REMOVE THE BANDAGE AND KEEP THE WOUND DRY FOR THE FIRST 48 HOURS.**

After 48 hours you may remove the original bandage and shower or bathe.

1. Remove the old bandage and gently cleanse twice a day using liquid dial soap and water. Pat the area dry. Apply the prescription mupirocin ointment to the area twice daily after washing.
2. We recommend leaving the bandage off if possible to let your wound heal without the irritation of a bandage/ band-aid. Apply a bandage if going out doors for any reasons or if there is irritation from clothing.
3. Watch for any signs of infection (redness, excessive swelling, warm to the touch, or drainage) or allergic reactions to antibacterial ointments. Please call the office if you notice any of these problems.
4. If your wound is located on the back, chest or arms you are restricted to lifting, pushing or pulling anything over 10lbs. Arm and leg wounds must be kept wrapped with an ACE wrap. Legs should be wrapped from the ankle to up to the knee daily and elevated 10 minutes of every hour. You may leave the wound on arm or leg open to air without the ACE wrap at night after 48 hours. It should remain wrapped during the day.
5. If you have had surgery located on anywhere on the face or scalp, sleep elevated for 2 nights (couple of pillows or recliner). Do not sleep on that side. Expect swelling in the eyes if surgery site is close to them. You may use ice on the surgery site, keeping bandage dry.
6. If there is any bleeding of the wound you should hold pressure for 45 minutes without peeking. If bleeding continues contact the office immediately.
7. You can expect to return to the office for a follow up appointment to have your sutures removed in approximately 2-4 weeks from the time of your surgery.
8. Begin taking the oral antibiotic that was prescribed to you TODAY with food (unless you were instructed otherwise by the physician).

YOUR NEXT APPOINTMENT: _____